



**MUSLIM
FOOD BANK**
COMMUNITY SERVICES

2025

YEAR-END REPORT



Feeding Communities.
Building Self-Reliance.
Creating Hope.

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Message from MFBCS

A Year of Compassion & Community Impact

2025 was a year of growth, resilience, and community impact for Muslim Food Bank Canada. Through your support, we expanded our services, strengthened our ASPIRE self-reliance programs, increased food support operations, and reached vulnerable individuals and families across Canada.

This year, we focused not only on food relief but also on building long-term pathways toward stability through counseling, caseworker support, employment readiness programs, youth engagement, and senior support initiatives.

Who We Are

Muslim Food Bank Canada is a faith-driven charity dedicated to supporting individuals & families through food assistance, community services, and self-reliance initiatives.



For over 15 years, MFBCS has worked to strengthen communities through:



Food support



Mental health counselling



Caseworker services



Refugee support



Youth & senior engagement



Employment readiness initiatives



International relief programs



2025 Impact Statistics



20,000+

Food Hampers
Distributed



3,000+

Individuals Supported
Through ASPIRE



31,700+

Meals Served Through
Feeding the Homeless



14

Active Locations
Across Canada



1,667

Counselling Sessions
Conducted



20

Social Workers/
Senior Caseworkers



5

Certified Counselors



242

Active Caseworkers
Volunteers

New Locations
Added in
2025



Richmond, BC



Abbotsford, BC



Hamilton, ON



www.muslimfoodbank.com

02

Fighting Food Insecurity

Food Support Programs



As food insecurity continued to rise across **Canada**, **MFBCS** expanded its **food support programs** to help vulnerable **families, seniors, refugees, and individuals** facing hardship.

Food Hampers distributed canada wide 20,000+

BC

13500+

ON

2600+

AB

3200+

SK

800+

Where Donations Help

Your donations directly helped provide



**Food
hampers**



**Grocery
essentials**



**Emergency
relief**



**Community
meal programs**

Feeding the Homeless Program

MFBCS continued supporting vulnerable individuals through its Feeding the Homeless initiatives across Canada.

2025 Highlights



31,700+ meals

Served Under *Feeding the Homeless Drive*

Program Operations



Daily Meal Drive
Vancouver Downtown Eastside



Weekly Meal Drive
Regina



Monthly Meal Drive
Calgary

Impact

These programs provide:

- Meals to the most vulnerable communities
- Community connection
- Compassion and dignity for vulnerable individuals



ASPIRE: Pathways to Self-Reliance



ASPIRE continued helping individuals and families move from crisis toward confidence and self-reliance.

3000+ individuals including single parents, refugees, newcomers and seniors supported through ASPIRE social services program



Caseworker
Support



Mental Health
Counselling



Refugee
Support



Employment
Readiness



Youth
Programs



Senior
Engagement



Community
Workshops



MFBCS believes support should go beyond temporary relief by helping individuals build ***long-term stability and independence***



ASPIRE Caseworker Program

2025 Highlights



20 Social workers/
Senior caseworkers



242 Volunteer
Caseworkers
Nationwide



Support for refugees,
newcomers, seniors, and
families

Support Areas

Settlement
guidance

Employment
referrals

Community
connections

Housing & resource
navigation

Financial support
guidance

4 Caseworker Training Programs
conducted throughout the year

Ongoing community support
and referrals



The **ASPIRE Caseworker Program** continued helping individuals navigate complex challenges while building pathways toward self-reliance.



Mental Health Counselling

2025 Highlights



1,667 Counselling
Sessions
Facilitated



05 Certified
Counselors



Multilingual
support services

Areas of Support

Anxiety & stress
management

Refugee & newcomer
counseling

Youth & family support

Trauma-informed care

What Makes MFBCS Different

- Holistic and culturally informed approach
- Integration with food support and caseworker programs
- Accessible support for vulnerable communities



Community Workshops & Training Programs

EMPLOYMENT READINESS WORKSHOPS

Conducted throughout the year:

- Interview Preparation & Employer Expectations
- Job Search Strategies Workshops
- Resume Building Support



FINANCIAL LITERACY WORKSHOPS

Community sessions focused on:

- Budgeting
- Credit awareness
- Debt management
- Financial planning

YOUTH & SENIOR ENGAGEMENT

Programs included:

- Community gatherings
- Youth workshops
- Senior social events
- Educational activities
- Wellness-focused programs

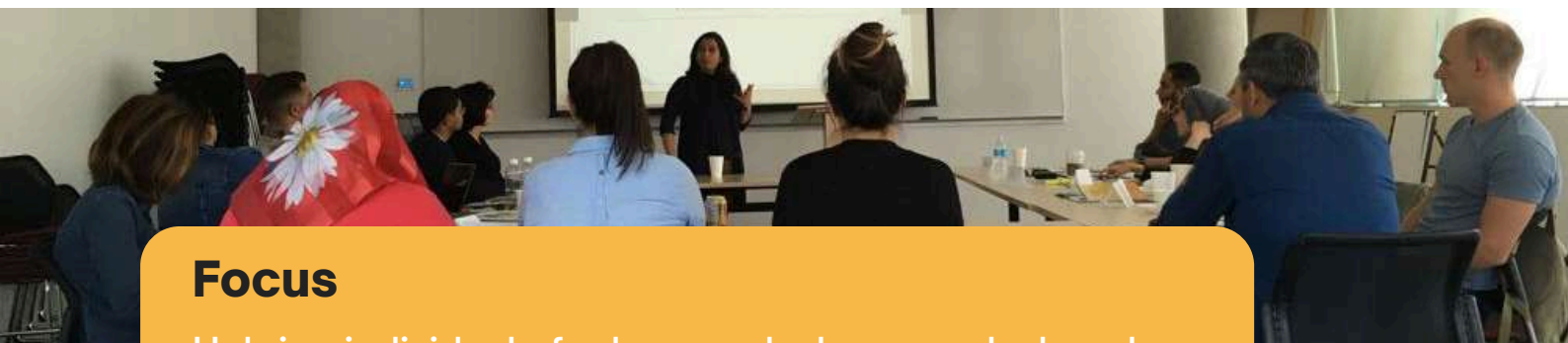
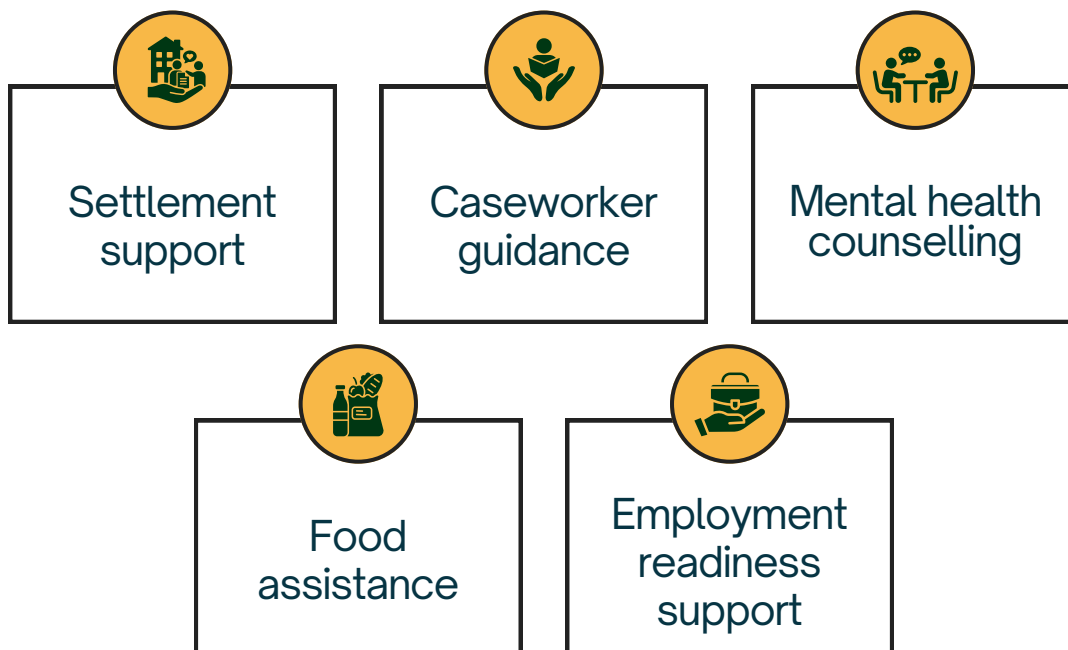


Refugee & Community Support



Supporting Newcomers & Vulnerable Communities

MFBCS continued supporting refugee claimants, newcomers, and vulnerable families through:



Focus

Helping individuals feel supported, connected, and empowered while navigating life in Canada.



Where Your Donations Are Utilized



Your support helped fund:



Food hampers and meal programs



Feeding the Homeless initiatives



Mental health counselling



Caseworker support



Refugee and newcomer assistance



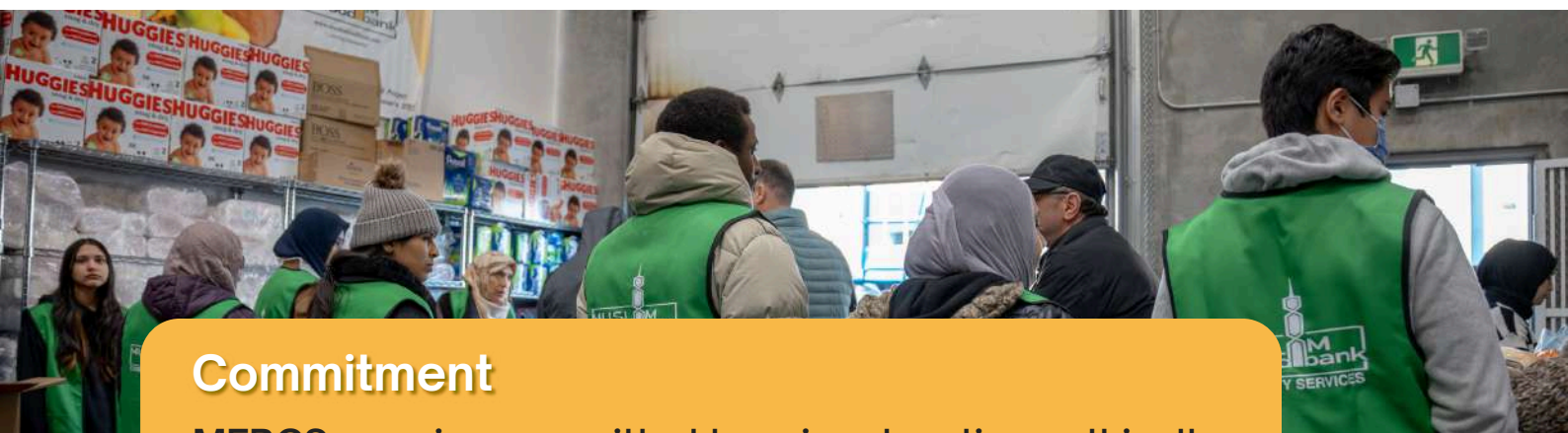
Employment readiness workshops



Youth & senior programs



International relief operations



Commitment

MFBCS remains committed to using donations ethically, transparently, and impactfully.



Success Stories



**MUSLIM
FOOD BANK**
COMMUNITY SERVICES



SURVIVOR OF LABOUR EXPLOITATION

After experiencing labour exploitation and severe financial hardship, this individual turned to MFBCS for support. Through ASPIRE, emergency rent assistance and food support were provided during a critical time, helping restore stability, dignity, and hope

SINGLE MOTHER FACING FINANCIAL HARDSHIP

While raising two children on her own, this mother faced significant financial and emotional challenges. Through ASPIRE, she received immediate financial assistance and compassionate support, helping ease stress and provide essential items for her family.



NEWCOMER SINGLE MOTHER REBUILDING HER LIFE

After returning to Canada unexpectedly with her young child, this single mother faced housing, income, and settlement challenges. MFBCS helped her access benefits, secure stable housing, and begin building a brighter future for her family.

VISUALLY IMPAIRED PARENT FROM BANGLADESH

Facing language barriers, visual impairment, and complex family challenges, this parent was connected with an ASPIRE caseworker for ongoing support. Through coordinated services and advocacy, the family achieved greater stability and was successfully reunited with their newborn child.



REFUGEE CLAIMANT OVERCOMING HOMELESSNESS

After experiencing homelessness and completing addiction treatment, this refugee claimant sought support through MFBCS. ASPIRE caseworkers helped develop a housing and recovery plan, creating a pathway toward long-term stability and independent living.



Together, We Create Change

Because of your generosity, thousands of individuals and families received food, guidance, counseling, and hope throughout 2025

**Thank You for
Standing With Us**



Together, we continue to:

- ✓ Fight food insecurity
- ✓ Support vulnerable communities
- ✓ Empower self-reliance
- ✓ Build stronger futures



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Together, we serve with compassion